



Checklist to help you prepare for your stay in the clinic

For patients without a spinal cord injury

You may find that not everything on this checklist is relevant to you. Please make sure that you take note of any points that are important for you.

Before your stay

- | | |
|---|--------------------------|
| If you require an upgrade to private or additional insurance, please let us know in good time on telephone +41 41 939 57 31. | <input type="checkbox"/> |
| Please inform us of any dietary requirements (e.g. vegetarian or vegan) on telephone +41 41 939 43 43. | <input type="checkbox"/> |
| Please inform us by telephone on +41 41 939 58 68 if you are taking any blood-thinning medicine (e.g. aspirin, Aspirin cardio, Plavix, Contra-Schmerz, Saridon, Xarelto, Eliquis, Lixiana, Pradaxa, Marcoumar, Clexane, Brilique, heparin, Fragmin or Fraxiparine). | <input type="checkbox"/> |

Paperwork

- | | |
|---|--------------------------|
| Insurance card from your health insurance company | <input type="checkbox"/> |
| Copy of advance health care directive, health care proxy and medical representation agreement | <input type="checkbox"/> |
| Details of legal guardians | <input type="checkbox"/> |
| Details of GP | <input type="checkbox"/> |
| Spitex information | <input type="checkbox"/> |

Medicine

- | | |
|--|--------------------------|
| Medication card | <input type="checkbox"/> |
| Current medicine in its original packaging to cover the first three days | <input type="checkbox"/> |
| Allergy card | <input type="checkbox"/> |
| Implant card | <input type="checkbox"/> |
| Diabetes card | <input type="checkbox"/> |
| Port-A-Cath® card | <input type="checkbox"/> |
| Quick card | <input type="checkbox"/> |
| Pacemaker card | <input type="checkbox"/> |
| PICC booklet | <input type="checkbox"/> |
| NIV device and/or (at-home) ventilator and personal mask | <input type="checkbox"/> |

